

Additional Application Questions for the CBT Programmes

Please answer the questions below and upload this form with your application.

Core Profession/ KSA:

Do you have a core profession in mental health?	
If not, are you submitting a portfolio of evidence under KSA?	
Do you have any current or historical complaints against you that we would need to be aware of?	
Do you have any convictions we need to be aware of?	

Opportunities to practice CBT:

Please give details of your work (paid or unpaid) in terms of:

<p>i) Opportunities to practice CBT with clients experiencing anxiety or depression.</p>	
<p>ii) Service support for CBT in your workplace (e.g. permission to carry out behavioural experiments or to see a training case for the recommended number of sessions).</p>	
<p>iii) Regular supervision from an experienced supervisor and/or someone with management responsibility for your work. This does not need to be a CBT supervisor.</p>	

Interest in CBT

Please tell us about your interest in CBT and give details of any CBT training, practice, supervision, research or membership of CBT organisations.	
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Course requirements

The course runs every Wednesday between September to June with some further submissions in July. The only exception is the induction week will be over 4 days. There is a 100% attendance requirement. Trainees are unable to pass the logbook without meeting the course requirement of a minimum of 100 hours of CBT training. Please indicate if you have a pre-arranged holiday or any other commitment that may impact upon your attendance.

Please also note that booked holidays are not considered suitable for the postponed submission of assessments.

Please indicate that you understand the importance of attendance: Yes/ No

Trainees will be required to source suitable clients for the training, which are individuals experiencing depression and anxiety disorders of a mild/moderate level of presentation. The presentations taught on the programmes, such as OCD, PTSD, Panic, Health Anxiety, Social phobia, phobias and depression will need to be the focus of the assessments. Trainees will need to evidence a minimum of 100 clinical hours over the course of the programme.

Please indicate if this is achievable: Yes/ No

Please note the two-year rule applies to anyone completing the Diploma. A trainee can complete the Certificate and still apply to the Clinical Psychology Doctorate or the CAAPS MSc, however, if a trainee completes the Diploma there is a two-year period that must lapse between the completion of the Diploma and the application for further HEIW or HEE funded training.

Trainees are required to supervision from a BABCP practitioner.

Please indicate if this is achievable: Yes/ No

The course has a requirement that trainees will input 125 hours of self-directed study.

Please indicate if this is achievable: Yes/ No

Please note that an applicant will not be offered an interview without the prior completion of this form.

For queries about this form please contact cbt-admin@cardiff.ac.uk.