

Checklist for entry to the Diploma

Please confirm that you have completed the following on the previous Level 1 CBT training:

100 taught hours **YES/ NO**

If no, please state how many hours you have completed: _____

100 clinical hours **YES/ NO**

If no, please state how many hours you have completed: _____

1 x academic essay **YES/ NO**

Minimum 10 hours of supervision with a BABCP accredited CBT therapist **YES/ NO**

If no, please state how many hours of supervision you have had with a BABCP accredited CBT Therapist: _____

Completed 2 case reports (1 depression case report and 1 anxiety case report) **YES/ NO**

You may be asked for evidence of this from a previously completed logbook or portfolio.