Skin ki Museebat

**Iss questionnaire se hum yah jaanana chahate hain ki peechale hafta mein aap ke skin ke problem ke kaaran aap par kya asar hua hain. Krypa pratyek sawaal ke liye ek box mei tick☑ kare.**

**PEECHALE HAFTA MEIN**  **PEECHALE HAFTA MEIN**

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| Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 | Aap ke skin mein kitna **khujalee, ‘kharooch’,** **peedaa** yah **dard** hua hain? | Aap apne skin ke kaaran kitna pareshaan yah **sharminda, sankochee** yah **udaas** hue thei? | Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 |
| Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 | Peechale hafta mein , aap ke skin ke kaaran aap ki **mitrata** mein kitna asar hua hain? | Peechale hafta mein, Aap ke skin ke kaaran aap ne kitane baar **alag alag/vishesh** tarha ke **kapadhe** yah **jooteh** badalna**/**pahanana padha? | Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 |
| Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 | Peechale hafta mein, aap ke skin ke kaaran aap ke **baahar jaane** mein, **khel** kood mein aur **apne shauk** mein kitna asar hua hain? | Peechale hafta mein aap ko apne skin ke kaaran kitni baar **tairana** yah **khel** ko avoid kiya hain? | Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 |

**Children’s Dermatology Life Quality Index**

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|  | | | Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 | |  | | |
| **Agar School ka samay tha:** Aap ke skin ke samasya ne aapake school ke kaam ko kitana prabhaavit kiya hai ? | | | **Agar chhuteeion ka samay tha:** Kitna aap ke skin ki samasya ne aap ke chhuttee ki yojanaen mei dakhal di? | | |
| Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 | Peechale hafta mein , Aap ke skin ke kaaran aap ko kitni takleef hui jaise ke log ne aap ko **doosre naam se bulaaya**, **majaak banaya**, **sataya,** **aap se sawaal kiya yah se door rahe**? | | | Peechale hafta mein Aap ke skin ke kaaran aap ki **neend** mein kitna asar hua hain? | | | Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 |
| Hospital No:  Name:  **Age:**  **Address:**  CDLQI. © M S Lewis-Jones, A Y Finlay June 1993.  Illustrations ©Media Resources Centre, UWCM December 1996 | | Peechale hafta mein, aap ke skin ke **illaaj** ke kaaran aap ko kitni museebate hui hain? | | | | Bahut zyaada  🞎  Zyaada  🞎  Thora  🞎  Kuch bhi nahi  🞎 | |

**PEECHALE HAFTA MEIN**

Krypa check kar le ki aapne har sawaal ka jawaab diya kain. Dhanyavaad